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Stop Sugar Craving Fast!

By Gary Pickler

Lulu.com, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The book shares dietary information about how to stop sugar cravings fast through the use of silica foods. It contains a method to stop sugar craving that actually works. From the back cover: Silica, far more than just another trace mineral , is absolutely amazing in its ability to heal us, in dozens of ways. Yet, most people are severely deficient in this essential health-giving nutrient! And now, silica has been found to stop your craving for sugar, in either a few days or a few weeks! Simply eating silica-rich foods results in no more desire for sugar. It s almost too easy , dozens of experimenters report, as their sugar craving falls off, fast! No willpower required! No hypnosis or 12-step program needed! Simply follow this book s instructions on eating silica-rich foods, then kiss your sugar craving habit goodbye , forever. Finally, an easy method that ACTUALLY WORKS!.



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