



Evolutionology: The Power of Knowing How People Work: Your Life, Instinct, Emotional Intelligence (a Practical Guide)

By Arnie Benn

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Who s really in charge? Your intellect or your survival instinct? Are you smart, sophisticated and evolved, or are you an insecure, emotional group-thinker like the rest of us? Evolutionology represents a new approach to understanding the evolution of the human mind and our psychology. It describes how our survival instinct actually works, how it makes us think and behave, as well as how to regain control and heighten our emotional intelligence. We humans like to believe that we are already evolved, civilized creatures because we are intelligent, but we are clearly not living intelligently. Our lives and world are filled with stress, anxiety and dysfunction. The reason is that our choices are not made by our intelligence, but rather by our survival instinct. Our fears and emotions are behind our decisions, and every action we take is designed to make us feel safer. We do what is comforting, not what is right. We seek corroboration, not truth. We react instead of choosing, thinking emotionally and declaring it intelligent. Seeing this is a necessary first...



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