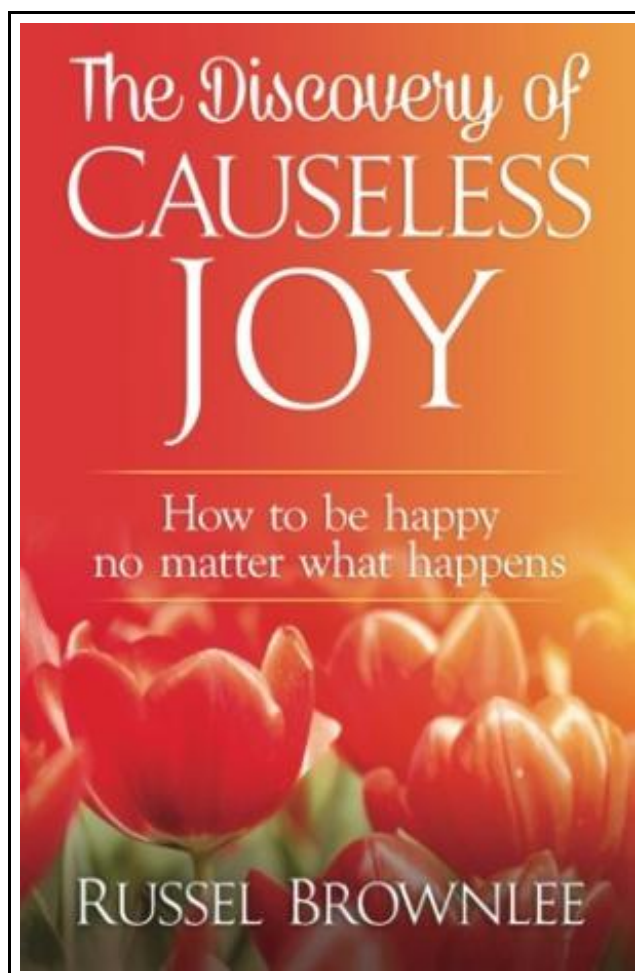


## The Discovery of Causeless Joy: How to Be Happy No Matter What Happens



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## THE DISCOVERY OF CAUSELESS JOY: HOW TO BE HAPPY NO MATTER WHAT HAPPENS



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Russel Brownlee, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you exhausted from the spiritual search?Are you discouraged by your efforts to think positive and create the life of your dreams?If so, that s good news! It means you are standing at the doorway to profound transformation. You see, the way we ve been taught to measure success - even spiritual success - is fatally flawed. It assumes that if we just keep on working on our issues and overcoming our faults and accessing more and more rarefied states of being we will eventually get to experience the peace and joy we so desire.But it doesn t actually work out like that. No matter how much we achieve materially or how long we sit in meditation, it never quite brings us the satisfaction we are looking for. After a few moments of bliss, the petty suffering of our human existence returns.In The Discovery of Causeless Joy, transformational coach Russel Brownlee describes the dilemma of the modern-day mystic - that most of the success teachings and spiritual wisdom that we so earnestly practice is actually taking us further away from our heart s desire. What we really long for is the deep and causeless joy of our own being. And that can only be found right here, right now, in the midst of life exactly as it is. If you are exhausted from the search for happiness, then let the message of Causeless Joy give you new hope as you discover you are only a moment away from true happiness, peace and abundance. In this book, you will discover: why the model of self-improvement and endless growth is fatally flawedwhy your attempts to fix yourself and heal...

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