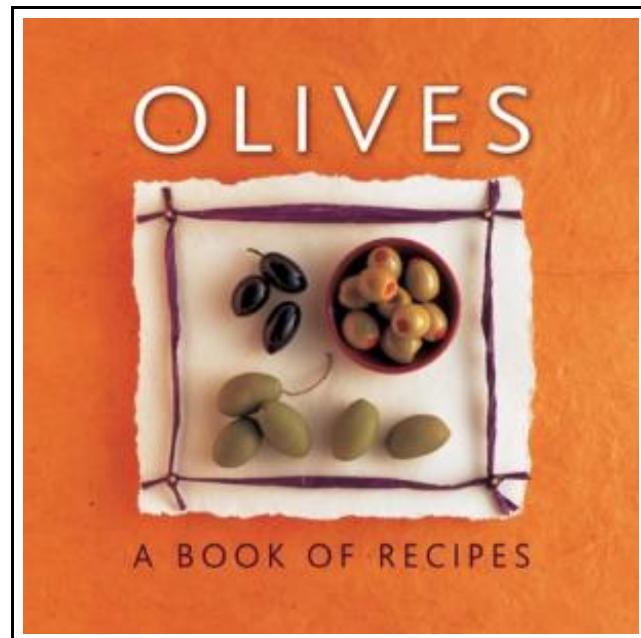


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Reviews

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(Dorothy Daugherty)

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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Olives: A Book of Recipes, Helen Sudell, This is a book of recipes. It is a wonderful collection of 30 recipes featuring the Mediterranean's best-loved ingredient. It includes classic olive recipes such as Tapenade, Baked Cod with Tomatoes and Olives, Baba Ganoush, and Potatoes, Feta and Olive Salad, plus dishes that feature olive oil as a main ingredient like Pistou, Bagna Cauda, and Bouillabaise. It is a concise introduction describes the different types of olive, the olive harvest and how best to select perfect olives for eating. It features tasty appetizers and snacks, refreshing salads, fish and shellfish, and meat and poultry dishes. It includes step-by-step instructions, cooking tips and techniques will ensure complete success. It clearly illustrated with over 75 photographs. It is a nutritional breakdown for each recipe is included. Olives are one of the most ancient foods. Both the fruit and its oil continue to nourish people and add interest to cuisines all over the world. Although olives are delicious on their own as a tasty and nutritious snack, many superb recipes exist using olives as a key ingredient, and this attractive book includes the very best selection of dishes. The appetizers and salad recipes demonstrate the wonderful affinity olives have with all sorts of fresh ingredients, creating dishes of stunning vitality and texture such as Cabbage Salad with Olives and Grilled Mediterranean Vegetables with Olives. Main courses include recipes with fish and shellfish, as well as pairing olives with rich meats like Duck and Lamb. There are also classic olive oil dishes such as Aioli, Brandade de Morue and Pasta Pesto. The book is beautifully photographed and illustrated throughout. An introduction packed with hints and tips makes this the perfect book for anyone who loves eating olives and...

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