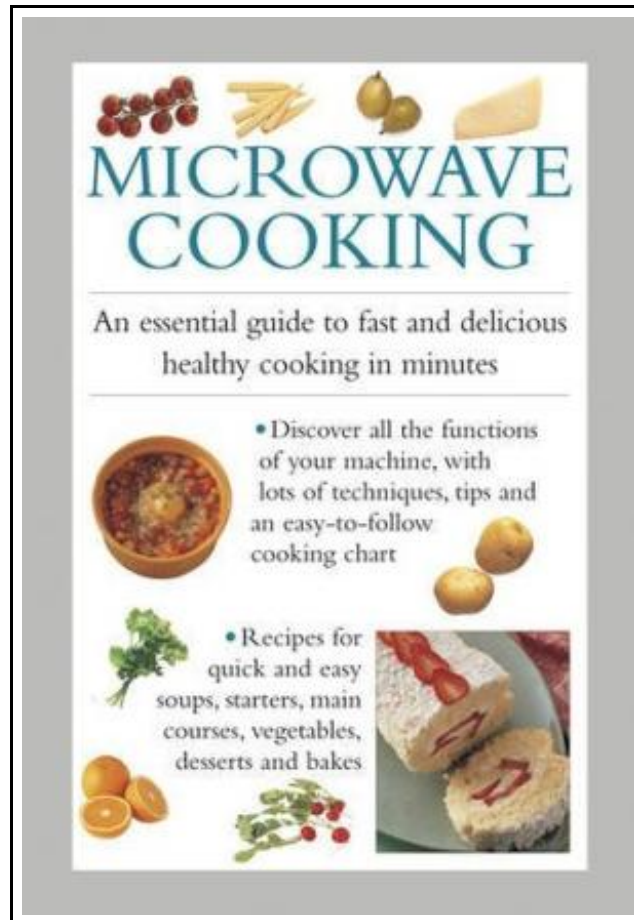


## Microwave Cooking: An Essential Guide to Fast and Delicious Healthy Cooking in Minutes



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