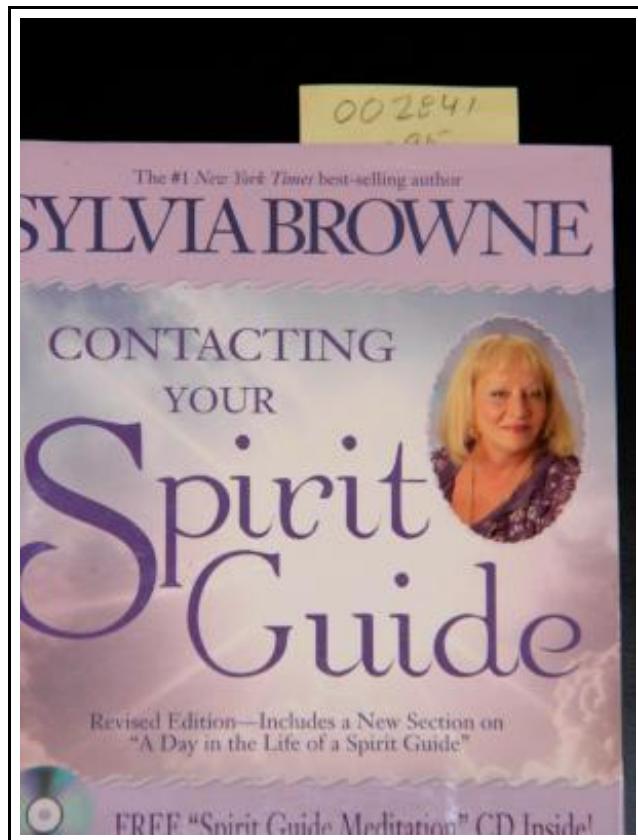


Contacting Your Spirit Guide



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Reviews

*Excellent electronic book and helpful one. I could comprehend everything out of this published e book. I discovered this pdf from my i and dad suggested this book to discover.
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CONTACTING YOUR SPIRIT GUIDE

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Hay House, U.S.A., 2005. Hardcover. Book Condition: New. Dust Jacket Condition: New. 12mo - over 6^{3/4} - 7^{3/4}" tall. Hay House Inc, United States, 2005. Mixed media product. Book Condition: New. Revised edition. 168 x 147 mm. Contacting Your Spirit Guide is divided into two parts. In the first sections, Sylvia Browne helps you find your spirit guides - the entities who are designated by you and God to assist you with life and give you guidance. You will not only learn how to tune in to this guide or guides, but you'll also see how you can recognize who they are, the messages they can give you, and even discern what their names are so you'll know how to refer to them. In the second part of the book, (A Day in the Life of a Spirit Guide), Sylvia writes intimately about her spirit guides, Francine and Raheim. Francine then tells her own story through Sylvia about what a day is like for her, and the book even includes actual transcripts from a research trance. Sylvia's love and respect for Francine and Raheim is evident throughout the stories that are presented. It becomes clear that through good times and bad, spirit guides look out for those under their care. Sylvia offers great insight into the workings of spirit guides, and in so doing, gives you the tools to understand your unseen companions along the way. Revised edition-includes a new section A Day in the Life of a Spirit Guide and a Spirit Guide Meditation CD. Review: The exercises are simple, the writing is captivating and the meditation included as a free download makes the entire process easy, relaxing and fun. A must read if you're interested in making contact with your own guides.

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