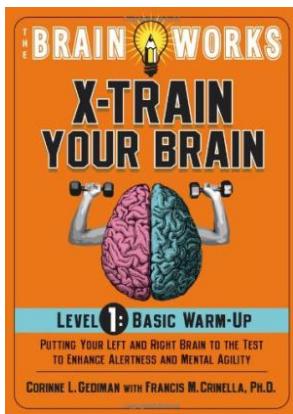


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## BRAIN WORKS: X-TRAIN YOUR BRAIN: BASIC WARM UP LEVEL 1



Sellers Publishing, Incorporated, United States, 2012. Paperback. Book Condition: New. 178 x 127 mm. Language: English . Brand New Book. Sellers Publishing is introducing the first 2 volumes of X-Train Your Brain, a fun, brain exercise program designed by two experts in the field of brain function and fitness. Each book in this series follows the proven principle that mental muscle, much like physical muscle, can be gained and maintained through an exercise regimen. First the reader takes a brain...

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- Authored by Corinne L. Gedimann
- Released at 2012



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